

HMI - CIT Program

We are offering a new program for 14 to 16 year olds, you can book 1 week or up to 6 weeks. The program is filled with new learning, challenges, responsibility, friendships and personal development.

What is the HMI-CIT Program?

The Hockey Montreal International, Counselor-in-Training Program (or C.I.T.) is designed for youth from 14 to 16 years old, hoping to one day become a camp counselor. During the program, the future counselors will be trained in all aspects of hockey camp life: the role of the counselor, working with children, on ice teaching, the planning of activities off-ice, safety, coworker relations, etc. Over the course of the six weeks, the C.I.T.s will take on responsibilities around camp, and at the same time, train and prepare for their own hockey season.

The C.I.T. program is also an exciting experience in meeting and working with others! Alongside peers with similar interests, trainees will have the chance to develop their personal leadership skills, their creativity and work on their own personal skill development. Daily on and off ice sessions are part of this program.

What do the CIT's do all day?

The C.I.T. program covers 15 blocks a week, 10 blocks of personal hockey training and 5 blocks of learning the role and responsibilities of a camp counselor. Each day the C.I.T. will have a half day of Hockey Specific off-ice training and a half day of work. The day ends with an on ice training session from 4-5pm.

Over 90% of our summer staff consists of kids who were once campers, then CIT's. This is the strength of our program, everyone understands what we are about.

TRAIN HARD...THINK FAST...HAVE FUN !!!

Interested in being part of this unique opportunity, you can book 1 week or 6, please email me for all inquiries.

eric@hockeymontreal.com

See you in the rinks.

Eric Rayment