



ERIC RAYMENT

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Depuis/since 1998

MARCH BREAK CAMP 2018 SEMAINE DE RELACHE

When / Quand: March 5 - 9 Mars, 8:00am-16:30pm

Where/ Ou: **Glen J. Chamandy arena (LCC) (4099 Royal Ave., NDG, H4A2M4)**

Cout / Cost: \$300.00 (\$260.00 + taxes) or/ou \$75.00 per day

(Payable: Hockey Montreal Int.)

GRUPE 1:

- Pre-Novice/ MAHG
- Novice A-B-C

GRUPE 2:

- Atome AA-BB-A-B-C
- PeeWee A-B-C-BB

HORAIRE / SCHEDULE

	<u>Groupe: PreNov + Novice</u>		<u>Groupe: Atome + PeeWee</u>
8:00-8:30am	Arrival / arena	8:00-8:30am	Arrival / arena
9:00-10:30	Power skating /mini-games	9:00-10:00	GYM / off-ice activity
10:45-11:45	GYM / off-ice activity	10:30-12:00	Power skating/mini-games
11:45-12:20	LUNCH	12:20-12:55	LUNCH
13:00-14:30	Puck drills and Scrimmage Exercises avec rondelle et joute	13:00-14:00	GYM / off-ice activity
14:45-15:45	GYM / off-ice activity	14:30-16:00	Puck drills and scrimmage Exercises avec rondelle et joute
16:00-16:30	Pick up / fin journee	16:00-16:30	Pick up / fin journee
16:30-17:30	Ext. day / Service de garde	16:30-17:30	Ext. day / Service de garde

Extended day service from 16:30-17:30 (\$25) / Service de garde de 16:30-17:30 (\$25)

TO REGISTER please email/ POUR S'INSCRIRE SVP contacter:

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